

<b>2024 INLAND NATIONAL RACES</b>	<b>Eastbourne &amp; Plumpton</b>	<b>Maidstone</b>
Border & Coquetdale Federations	Grahame to confirm must be at tunnel for 6.30pm	Grahame to confirm must be at tunnel for 2.30pm
Durham Middle Route Federation	5.45pm	2.00pm
East Cleveland Federation	5.30pm	1.30pm
Gateshead Federation	5.45pm	2.00pm
Hartlepool Federation	to be ready for 6.30pm	to be ready for 3.30pm
Hetton Federation	6.30pm	3.00pm
Houghton Federation	6.10pm	2.30pm
Mid Tyne Federation	4.45pm	1.00pm
Middlesbrough & District Federation	6.00pm	2.00pm
Newcastle Federation	5.30pm	1.30pm
North East Counties Federation	5.45pm	3.00pm
North Yorkshire Federation	5.00pm	1.00pm
Northumberland Premier Federation	5.15pm	1.30pm
Shotton & Trimdon Federation	6.45pm	2.30pm
South East Durham Federation	6.15pm	3.30pm
South Shields Federation	5.00pm	1.30pm
Sunderland & District Federation	5.15pm	2.00pm
Sunderland Premier Federation	5.30pm	2.30pm
Tees Valley Federation	6.45pm	3.00pm
Teesside Federation	6.30pm	2.30pm
Tynemouth North Federation	5.30pm	2.00pm
Wansbeck Federation	5.00pm	1.00pm